



**HANDSVIET**  
We were born to move

**HANDSVIET**

TRUNG TÂM CỐ LƯƠNG KHỚP - Y HỌC TĨNH THẦN  
REHABILITATION & SPORTS MEDICINE CENTER  
**HANDSVIET**  
We were born to move  
100 Nguyễn Công Trứ - Sơn Trà - Đà Nẵng

**HANDSVIET KÍNH CHÀO QUÝ KHÁCH**

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# HANDSVIET

## **HANDSVIET CENTER FOR REHABILITATION AND SPORTS MEDICINE**













*"Where Recovery Begins"*



"Scan to explore our full story"



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# WHO WE ARE

We are HandsViet – a center for rehabilitation and sports medicine, born from a simple yet profound question: “Why do so many Vietnamese people continue to live with pain without receiving the right treatment, from the right people, at the right time?”

We are not defined by size, but by our impact. HandsViet began with a small office, two dedicated doctors, and a strong belief: Physical recovery is not just about relieving pain it's about restoring movement, and helping people live fully and healthily.

Since 2018, HandsViet has accompanied thousands of patients – from the elderly and office workers to professional athletes. Each successful recovery journey is a vivid story, and we are proud to be a part of every one of them.



# HANDSVIET

HandsViet is a specialized center in the fields of rehabilitation and sports medicine, operating under a closed-loop, scientific, personalized care model. We help patients restore mobility, reduce pain, improve quality of life, and return to work, sports, and daily activities in a proactive and sustainable way.

Our approach is multidisciplinary, combining rehabilitation doctors, sports medicine physicians, physical therapy technicians, psychologists, and nutritionists to design a comprehensive, individualized treatment plan for each patient.

HandsViet places a strong focus on treating sports injuries, musculoskeletal degeneration, chronic pain, and post-surgical recovery by integrating modern technologies such as muscle ultrasound, motion analysis, inBody, and specialized rehabilitation equipment.

Our brand message ***“We were born to move”***. This is more than a slogan it’s HandsViet’s commitment to restoring movement and enabling a full, vibrant life for every patient.





## VO THI HONG HUONG CEO HANDSVIET

**Vo Thi Hong Huong - Chief Executive Officer | Specialist Level II Doctor**

- Deputy Director – 199 Hospital, Ministry of Public Security, Da Nang
- Head of the Department of Rehabilitation & General Planning
- Graduated from Hue University of Medicine and Pharmacy (2005)
- Over 20 years of experience in Physical Therapy and Rehabilitation

**Certified in:**

- Medical Laser Therapy
- Musculoskeletal Ultrasound
- Intra-articular Injection
- Spinal Treatment
- Rehabilitation Training in Taiwan

**Vision:** To develop HandsViet into a modern rehabilitation and sports medicine system in Vietnam, integrating medical expertise, technology, psychology, and nutrition aiming for comprehensive and proactive recovery for the community.



## PHUNG CAO CUONG CO-FOUNDER HANDSVIET

**Phung Cao Cuong - Co-founder Handsviet | Specialist Level II Doctor**

- Head of the Department of Trauma Surgery & Burns, 199 Hospital
- President – Da Nang Sports Medicine Association
- Nearly 15 years of experience in Orthopedic Trauma and Joint Care

**Recognized expert in:**

- Arthroscopic Surgery
- ACL Reconstruction
- Advanced Intra-articular Injections

**Philosophy:** Combining international-standard medical practice with deep responsibility and compassion, Dr. Cuong is dedicated to building HandsViet into a specialized center for sustainable recovery in sports and movement health.



## LE TRIEU VY

### COO HANDSVIET

**Le Trieu Vy – Chief Operating Officer | Lead Therapist**

8+ years in Physical Therapy & Rehabilitation

Graduated from Da Nang University of Medical Technology and Pharmacy

**Specialized in:** Chronic pain; Spinal conditions; Post-ACL rehabilitation

**Certified in:**

- CEU ACL Rehabilitation (Online – 40 hrs)
- NASM Biomechanics
- Clinical MSK Therapy Training

**Role:** Oversees operations, builds the team, and ensures treatment quality aligned with modern sports medicine standards.

**Driven by:** Passion for the human body, growth, and community impact.



# VISION, MISSION AND CORE VALUES

## VISION

To become an internationally accredited system in the fields of sports medicine and rehabilitation in Vietnam, with the goal of developing a network of modern, specialized centers and hospitals.

## MISSION

To provide comprehensive care and rehabilitation for patients with musculoskeletal and sports-related conditions through advanced expertise, modern technology, and dedicated service, contributing to improved quality of life and physical well-being for the community.

## CORE VALUE

- **Dedication:** Always prioritizing the health and best interests of our patients.
- **Commitment:** Providing ongoing, long-term support throughout the entire treatment journey.
- **Personalization:** Designing individualized treatment plans tailored to each patient's condition and goals.





# DEVELOPMENT JOURNEY

- **2018** HandsViet started with 2 doctors and 2 support staff in a small office, laying the foundation for a specialized rehabilitation model.
- **2019** Welcomed the first clients, established care protocols, and began investing in therapy equipment and machinery.
- **2020** Maintained operations during the COVID-19 pandemic, strengthened online consultations and remote care. The team began to gradually expand.
- **2021** Restructured services to improve quality. Started receiving returning clients for regular treatment and participating in professional seminars.
- **2022** Increased the number of doctors to 3 and launched professional branding and communications. The brand identity became more clearly recognized.
- **2023** The team expanded to 4 full-time rehabilitation doctors. The customer care system was automated, and the first internal training program was launched.
- **2024** Built a corporate culture based on sharing, learning, discipline, and responsibility. Formed a core team with long-term commitment and deep expertise in therapy.
- **2025 Present** Completed the internal systems for operations, communications, customer care. Established internal standards, SOPs, a comprehensive training, evaluation program.



# CORE SERVICES

At HandsViet, we focus on specialized rehabilitation services developed on the foundation of modern sports medicine and clinical rehabilitation. Each therapy program is personalized and carried out by a multidisciplinary team of experts, including sports medicine doctors, rehabilitation physicians, physical therapists (PT), nutritionists, and psychologists. HandsViet's treatment model not only addresses symptoms but also aims to restore function, improve mobility, and enhance the long-term quality of life for each patient.



## Sports Injury Rehabilitation



## Chronic Pain Management



## Functional & Post-Surgical Rehabilitation Training



**"Custom plans for each patient". Learn more →**



# OUR SERVICES & PRICES



## SINGLE-SESSION TREATMENT SERVICES

SINGLE-AREA TREATMENT	12\$
ADDITIONAL AREA FEE	6\$
ELECTROTHERAPY	6\$
FUNCTIONAL REHABILITATION (POST-SPORTS)	18\$
ADVANCED FUNCTIONAL REHABILITATION (POST-SPORTS)	29\$

## CONSULTATION SERVICES

DOCTOR CONSULTATION	12\$
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## KNEE LIGAMENT POST SURGERY REHABILITATION PACKAGES

1-MONTH PACKAGE	190\$
2-MONTH PACKAGE	340\$
WALKING REHABILITATION PACKAGE	478\$
VIP PACKAGE	785\$

## OTHER PACKAGES

5-SESSION PACKAGE	52\$
10-SESSION PACKAGE	98\$
1 VIP SESSION	20\$
5-SESSION VIP PACKAGE	87\$
10-SESSION VIP PACKAGE	163\$

## OTHER SERVICES AND ADDITIONAL FEES

BANDAGE CHANGE	1\$
KINESIOLOGY TAPING	6\$
HOME CALL ADDITIONAL FEE	4\$
OVERTIME FEE	4\$
KNEE ASPIRATION	8\$

## INJECTION SERVICES

ANTI-INFLAMMATORY INJECTION	20\$
KNEE PRP INJECTION	96\$
PRP INJECTION FOR OTHER JOINTS	77\$
HEALAVIS JOINT FLUID INJECTION	66\$
ALSAVIN ONE JOINT FLUID INJECTION	210\$
SYNOLIS VA 80/161 JOINT FLUID INJECTION	230\$
COLLAGEN INJECTION	58\$
<b>PACKAGE OF 3 INJECTIONS</b>	10% DISCOUNT
<b>PACKAGE OF 5 INJECTIONS</b>	15% DISCOUNT

## THERAPEUTIC MASSAGE SERVICES

SPORTS RECOVERY MASSAGE	
45 MINUTES	16\$/SESSION
75 MINUTES	22\$/SESSION
MENTAL & CHRONIC CONDITION THERAPY MASSAGE	
60 MINUTES	22\$/SESSION
PREMIUM MASSAGE – "MIND & BODY RESET"	
75 MINUTES	29\$/SESSION



## WHY WE'RE DIFFERENT – 4 VALUES

HandsViet integrates science, care, and personalization to deliver a modern, patient centered rehabilitation experience. Our 4 value:



### EXPERT MULTIDISCIPLINARY TEAM

Sports medicine, physical therapy, nutrition & psychology, all in one team



### PERSONALIZED THERAPY

Customized plans based on condition, ability, and recovery goals.



### REHABILITATION TECHNOLOGY

Ultrasound, InBody, motion analysis, and specialized rehab tools.



### INTEGRATED CARE NETWORK

Seamless link between doctors, therapists, insurers & partners.

**"What makes HandsViet different"**



Google Map



Facebook

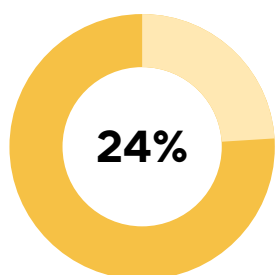




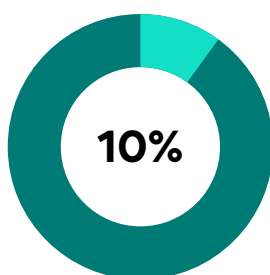
# OUR RESULTS — IMPACTS IN NUMBERS

After more than 8 years of operation, HandsViet has become one of the most influential rehabilitation and sports medicine centers in Central Vietnam, trusted by thousands of clients who have successfully recovered through our care.

Visualizing HandsViet's performance and treatment results through the following data graphics.



1,200+ chronic cases managed



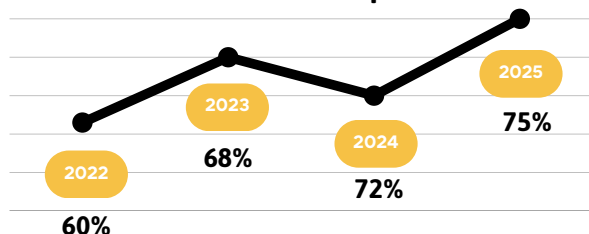
500+ ACL & post-op success

Over

20+

International patients

## Customer Satisfaction & Experience Metrics



Tracking improvements in service quality and client experience over time.



# CUSTOMER FEEDBACK



## **PROFESSIONAL ATHLETE – POST-ACL RECOVERY**

Post-surgery treatment for ACL tear, returned to competition after 5 months thanks to HandsViet's specialized sports rehabilitation program.



## **OFFICE WORKER – CHRONIC PAIN RELIEF**

35 years old, frequently experienced neck and shoulder pain from prolonged sitting. After 2 months of combined physical therapy and posture consultation, saw significant improvement — better sleep and increased work efficiency.



## **POSTPARTUM MOTHER – COMPREHENSIVE RECOVERY**

Three months of personalized training helped restore core and pelvic floor strength, increase endurance, and regain positive energy.



## **INTERNATIONAL CLIENT – GLOBAL-STANDARD THERAPY EXPERIENCE**

An Australian expert working in Da Nang received treatment for back pain and improved mobility. Highly rated the team's professionalism, treatment effectiveness, and friendly communication.

# WHO WE SERVE – PATIENT SEGMENTS



## Athletes

This group often experiences injuries such as ligament tears, ankle sprains, or shoulder dislocations.

HandsViet provides phase-based sports rehabilitation programs to help them return to training safely, reduce the risk of reinjury, and enhance performance.

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## Office Workers

Prone to neck, shoulder, and back pain or spinal degeneration due to prolonged sitting, poor posture, and lack of movement. HandsViet's treatment protocols help relieve chronic pain, improve posture, increase flexibility, enhance sleep quality, and boost work productivity.

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## Post-Injury & Post-Surgery

Individuals recovering from conditions involving bones, joints, ligaments, or the spine.

They need functional rehabilitation with appropriate methods to shorten recovery time, prevent complications, and regain mobility for daily activities.

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## Elderly & Physically Inactive Individuals

Often experience muscle weakness, poor balance, osteoporosis, and reduced mobility due to age or a sedentary lifestyle.

HandsViet offers safe, tailored therapy programs to improve strength, prevent falls, maintain an independent quality of life.

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# STRATEGIC PARTNERS

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HandsViet collaborates with various medical, fitness, and insurance organizations to create a comprehensive support ecosystem for patients. Our partner groups include:

- **Hospitals:** Coordinate referrals, continued treatment, and post-surgery follow-up
- **Sports Clubs & Personal Trainers:** Provide consultation and recovery support for athletes
- **Gyms & Therapy Studios:** Assist in the transition to the physical rehabilitation phase
- **Insurance Companies:** Facilitate treatment cost coverage for clients



FaCare<sup>+</sup>



ONUS  
PRIVATE FITNESS



insurance

HandsViet is always open to expanding partnerships with organizations committed to public health — together building a modern ecosystem for functional rehabilitation, movement, and sports medicine in Vietnam.



# DEVELOPMENT STRATEGY

HandsViet aims to become an internationally standardized rehabilitation and sports medicine system in Vietnam, with a roadmap of continuous expansion, innovation to meet the growing demand for comprehensive movement health care.

## BRANCH NETWORK EXPANSION

Develop branches in Hanoi, Ho Chi Minh City, and other major cities to enhance nationwide service capacity. Each location is built to meet professional, technological, and care process standards.

## DIGITAL TRANSFORMATION IN TREATMENT

Develop an app to track treatment progress, support assessment, and provide remote consultation. Maximize efficiency through transparency, personalization, and convenience for both clients and specialists.

## MOVEMENT & RECOVERY CENTER

Integrate rehabilitation services, physical training, nutrition and psychological counseling, fitness assessment. Pioneer a standardized model in Central Vietnam, combining medicine – technology – sports.

## TRAINING & INTERNATIONAL COLLABORATION

Enhance expertise through specialized training for doctors and therapists. Collaborate with Burapha University (Thailand) and partners from Japan, Korea, and Europe.





# INVESTMENT PARTNERSHIP

*Together, we build a future of comprehensive rehabilitation –  
from expertise to community care.*

## WE ARE SEEKING PARTNERS FROM



### STRATEGIC INVESTORS

- 👤 Individuals, investment funds, or companies that share a long-term vision in the fields of rehabilitation and health care.
- 🎯 Expand branch networks and develop specialized centers with digitized treatment systems.



### MEDICAL – INSURANCE – SPORTS PARTNERS

- 👤 Hospitals, clinics, insurance companies, sports clubs, gyms, therapy studios...
- 🎯 Coordinate referrals, continued care, cost support, injury recovery, and physical training.



### HEALTH ORGANIZATIONS

- 👤 Social organizations, NGOs, CSR programs, and units supporting the elderly, postpartum women, and people with disabilities.
- 🎯 Collaborate to promote healthy living, movement, and preventive health in the community.

## WHY PARTNER WITH HANDSVIET?

- ✓ Strong foundation of expertise
- ✓ Experienced team of doctors and therapists
- ✓ Standardized model, easily scalable
- ✓ Integration of medicine – technology – sports – community

## OUR COMMITMENT TO PARTNERS

- ✓ Transparent, professional processes
- ✓ Long-term, sustainable partnership
- ✓ Flexible solutions to fit partner needs
- ✓ Solid foundation of expertise

*"A person's sustainable recovery is a powerful source of strength for the community."*

Let's work together with HandsViet to build a modern, compassionate health care ecosystem in Vietnam.



# LET'S CONNECT WITH US

***HandsViet – Where the Journey to Sustainable Movement Recovery Begins.***

We believe that every individual deserves to live actively, healthily, move freely. HandsViet looks forward to partnering with investors, collaborators, and community organizations to spread the value of recovery and healthy living to even more people.



(+84) 789-456-818



handsvietcenter.vn@gmail.com



[handsviet.com](http://handsviet.com)



227B Nguyen Cong Tru - Son Tra - Da Nang - Viet Nam



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